

SUN	MON	TUE	WED	THU	FRI	SAT
<b>OCTOBER</b> 2018						
				<b>4</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>6</b> Meditation Service 10:00-4:00 pm
<b>7</b> unconducted meditation 10:00-10:45 am Readings Service I:40 11:00 am-noon				<b>11</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>13</b> Retreat at Bethlehem Centre Nanaimo  <b>Victoria Service Cancelled</b>
<b>14</b> unconducted meditation 10:00-10:45 Readings Service I:41 11:00 am-noon				<b>18</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>20</b> Meditation Service 10:00-1:00 pm Guided meditation
<b>21</b> unconducted meditation 10:00-10:45 am Readings Service I:42 11:00 am-noon <b>noon: social</b>				<b>25</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>27</b> Meditation Service 6:00-9:00 pm
<b>28</b> unconducted meditation 10:00-10:45 am Readings Service I:43 11:00 am-noon						

*"Heavenly Father, fill my veins with Thine invisible rays, making me strong and tireless."  
- Metaphysical Meditations by Paramahansa Yogananda.*

SUN	MON	TUE	WED	THU	FRI	SAT
<b>NOVEMBER</b> 2018						
				<b>1</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>3</b> Meditation Service 10:00 am-4:00 pm
<b>4</b> <b>Daylight Saving ends.</b> unconducted meditation 10:00-10:45 am Readings Service I:44 11:00 am-noon				<b>8</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>10</b> Meditation Service 6:00-9:00 pm
<b>11</b> unconducted meditation 10:00-10:45 am Readings Service I:45 11:00 am-noon				<b>15</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>17</b> Meditation Service 10:00 am-1:00 pm Guided meditation
<b>18</b> unconducted meditation 10:00-10:45 am Readings Service I:46 11:00 am-noon <b>noon: social</b>				<b>22</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>24</b> Meditation Service 6:00-9:00 pm
<b>25</b> unconducted meditation 10:00-10:45 am Readings Service I:47 11:00 am-noon				<b>29</b> Inspirational & Prayer Service 8:00-9:15 pm		

**MONTH AT A GLANCE**  
 OCTOBER, NOVEMBER, DECEMBER  
 2018  
 Victoria Meditation Group of Self-Realization Fellowship  
 202-2504 Government St  
 Victoria BC V8T 4P7 Canada  
*(entrance on Bay St)*  
**website:** www.victoriameditationgroup.org  
**e-mail:** info@victoriameditationgroup.org  
**phone:** 250-984-7946

SUN	MON	TUE	WED	THU	FRI	SAT
<b>DECEMBER</b>						
2018						
						<b>1</b> Meditation Service 10:00 am-2:00 pm
<b>2</b> unconducted meditation 10:00-10:45 am Readings Service 1:48 11:00am-noon				<b>6</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>8</b> Meditation Service 10:00am-2:00pm
<b>9</b> unconducted meditation 10:00-10:45 am Readings Service 1:49 11:00 am-noon				<b>13</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>15</b> <b>All-Day Christmas Meditation</b> 10:00 – 6:00pm
<b>16</b> unconducted meditation 10:00-10:45 am Readings Service 1:50 11:00am-noon <i>noon: Christmas potluck social</i>				<b>20</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>22</b> Meditation Service 6:00-9:00 pm
<b>23</b> unconducted meditation 10:00-10:45 am Readings Service 1:51 11:00am-noon				<b>27</b> Inspirational & Prayer Service 8:00-9:15 pm		<b>29</b> Meditation Service 6:00-9:00 pm
<b>30</b> unconducted meditation 10:00-10:45 am Readings Service 1:52 11:00am-noon	<b>31</b> <b>New Years Eve Meditation Service</b> 10:30pm – 12:30am					